

LASER EUROPA CUP 2009

LASER, LASER RADIAL & LASER 4.7 YOUTH GRAND PRIX 2009

12th – 14th June 2009
Aabenraa Sejl Club - Denmark

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the "rules" as defined in the Racing Rules of Sailing (RRS). The prescriptions of the National Authority will not apply.
- 1.2. Add to rule RRS A11: ARB means scoring penalty after arbitration, PTS scoring penalty for a yellow flag after finish.
- 1.3. The Laser class rules Rule 7 (a) is restricted as follows:
Only one person shall be onboard whilst racing. The person shall be named on the entry form.
- 1.4. Sails shall have the full sail number AND NATIONAL LETTERS in accordance with the Class Rules and RRS. The national letters shall denote the National Authority of which the sailor is a member in accordance with RRS 75.2 and with 2.1 Entry regulations below. This changes RRS Appendix G 1.1.
- 1.5. Appendix P will apply, with the following amendments:
 - 1.5.1. P3 "Postponement, General recall or Abandonment": If a boat has been penalised under rule P1 and the race committee signals a postponement, general recall or abandonment, the penalty is not cancelled and is still counted to determine the number of times she has been penalised during the regatta. If this is the first penalty she may start when the race is re-started or sailed again if she has taken the Two-Turn Penalty under rule 44.2 even if it is after a postponement, general recall or abandonment. If she has failed to take the penalty then she shall not start when the race is re-started or sailed again and shall be disqualified without a hearing. If it is a second penalty she shall not start when the race is re-started or sailed again and shall be scored DNF. If it is the third or subsequent penalties she shall not start when the race is re-started or sailed again and shall be scored DSQ which cannot be excluded.
 - 1.5.2. P4 is amended to also allow redress when initiated by the protest committee. Sailors or other parties cannot request redress under P4.
 - 1.5.3. On the first penalty, if penalised after she has finished, she will be given a scoring penalty of 8 points without a hearing
- 1.6. The protest time shall be 1 hour. This changes RRS 61.3.

2. ENTRY REGULATIONS

- 2.1. Only current fully paid members of the International Laser Class Association may enter the regatta.
During registration each sailor will be required to show clear written evidence of current membership of his or her national Laser Association. If a sailor is unable to present this, he / she will be charged a fee of € 70 (payable in local currency), € 10 of which will be retained by the collecting club and € 10 by ILCA, to cover administration. € 50 will be passed on to the sailor's district, which may refund it to the sailor if he / she is already a current member, or may put it towards that sailor's membership fee if he / she is not a member.
- 2.2. Crew substitution of the registered sailor is not permitted.
- 2.3. AGE ELIGIBILITY See notice of race 2.3
 - 2.3.1. The **Laser Europa Cup (Laser Standard Rig)** is open to any sailor who is or will be at least 17 years old in the year in which the series is held; i.e., a competitor for the 2009 series must be born in 1992 or earlier
 - 2.3.2. The **Laser Radial Europa Cup** is open to any sailor who is or will be at least 15 years old in the year in which the series is held; i.e., a competitor for the 2009 series must be born in 1994 or earlier
 - 2.3.3. The **Laser 4.7 Europa Cup** is open to any male sailor who is or will be at least 12 years old but not 18 years old in the calendar year in which the series is held; i.e., a male competitor for the 2009 series must be born in 1992, 1993, 1994, 1995, 1996 or 1997. Or any female sailors who is or will be at least 12 years old in the year in which the series is held; i.e., a competitor for the 2009 series must be born in 1997 or earlier.
 - 2.3.4. The **Laser Standard Youth Grand Prix** is open to any sailor who is or will be 17 years old but not 21 years old in the calendar year in which the series is held; i.e., a competitor for the 2009 series must be born in 1989, 1990, 1991 or 1992.

- 2.3.5. The **Laser Radial Youth Grand Prix** is open to any sailor who is or will be 15 years old but not 19 years old in the calendar year in which the series is held; i.e., a competitor for the 2009 series must be born in 1991, 1992, 1993 or 1994.
- 2.3.6. The **Laser 4.7 Youth Grand Prix** is open to any sailor who is or will be 12 years old but not 18 years old in the calendar year in which the series is held; i.e., a competitor for the 2009 series must be born in 1992, 1993, 1994, 1995, 1996 or 1997.
- 2.3.7. Proof of age will be required at registration.
- 2.4. Each competitor shall be registered as an ISAF sailor. **The ISAF Sailors code is required to enter.** To register as an ISAF Sailor go to: <http://www.sailing.org/2056.php>
- 3. NOTICES TO COMPETITORS**
Notices to competitors will be posted on the official notice board located near the race office.
- 4. CHANGES IN SAILING INSTRUCTIONS**
Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.
- 5. SIGNALS MADE ASHORE**
- 5.1. Signals made ashore will be displayed on the signal mast near the race office.
- 5.2. Flag V with two sound signals (one when lowered) means "No boat shall go afloat until this signal is lowered. The first warning signal will be made not less than 1 hour after V is lowered."
- 5.3. Flag AP with two sound signals (one when lowered) means "The race is postponed. The first warning signal will be made not less than 1 hour after AP is lowered."
- 6. MEASUREMENT**
Wet clothing, measurement and equipment checks will be made throughout the Regatta at the discretion of the Class Representative, Race Committee or Protest committee.
- 7. PENALTIES FOR MEASUREMENT PROTEST**
- 7.1. Measurement protests shall only be accepted either from the measurer, race committee or protest committee.
- 7.2. If a boat is sailed with no retention line, a scoring penalty of 20 points in the last completed race will be issued in regattas with 20 or more competitors and a 10 point penalty in regattas with less than 20 competitors. The penalty issued for this offence shall not be higher than DSQ.
- 7.3. If a boat is sailed without a centreboard stopper, a scoring penalty of 20 points in the last completed race will be issued in regattas with 20 or more competitors and a 10 point penalty in regattas with less than 20 competitors. The penalty issued for this offence shall not be higher than DSQ.
- 7.4. If a sail has been changed without the notification of the measurer, race committee or protest committee, the sailor shall be disqualified from the last completed race without a hearing.
- 7.5. If the top mast or bottom section of the boat has been changed without the notification of the measurer, race committee or jury, the sailor shall be disqualified from the last completed race without a hearing.
- 7.6. For any other measurement protest, the protest committee may issue an alternative penalty to disqualification.
- 8. BOATS AND EQUIPMENT**
- 8.1. All competitors shall use only one hull, sail, mast, boom, centreboard and rudder.
- 8.2. In the event of damage, boats and equipment may only be substituted with the written permission of the Regatta Measurer. If the damage occurs later than 90 minutes before the first scheduled start on a racing day and before the start of the last race of the day, provisional verbal permission shall be obtained from the Regatta Measurer, protest committee or Race Committee and the written permission of the Regatta Measurer shall be applied for before the end of Protest Time at the end of the day in which the substitution takes place.
- 9. RACE FORMAT**
- 9.1. The Laser Standard fleet will race separately from the Laser Radial / Laser 4.7 Fleet.
- 9.2. When there are more than 5 participants in the Laser Standard, Laser Radial or the Laser 4.7, there will be a separate start for each of those rigs.
- 9.3. There are two races a day for a 4 day racing day series and three races a day on the first two days of a 3 day series with 2 races on the last day.
- 10. PROGRAMME, START TIMES AND STARTING SEQUENCE**
- 10.1. Programme and Start Times
- | | | |
|------------|---------------|---|
| 11.06.2009 | 17.00 - 21.00 | Regatta office opens / registration. |
| 12.06.2009 | 08.00 – 09.30 | Regatta office opens / registration. |
| 12.06.2009 | 11.00 | Warning signal for the first race of the day. |
| 13.06.2009 | 10.00 | Warning signal for the first race of the day. |
| 14.06.2009 | 10.00 | Warning signal for the first race of the day. |
- 10.2. Starting Sequence:
1. Laser Standard fleet
 2. Laser Radial fleet

3. Laser 4.7 fleet

10.3. The Warning Signal for a fleet for the first start of the second and subsequent race(s) each day will be made as soon as practicable after the finish of the last boat in the previous race for that fleet. (Note: This may be before all the fleets in the previous race have finished.)

10.4. Any race for which a warning signal is not given by 15.00 hrs on the last day of the regatta will be abandoned and not resailed.

11. CLASS FLAGS AND FLEET/BOAT IDENTIFICATION

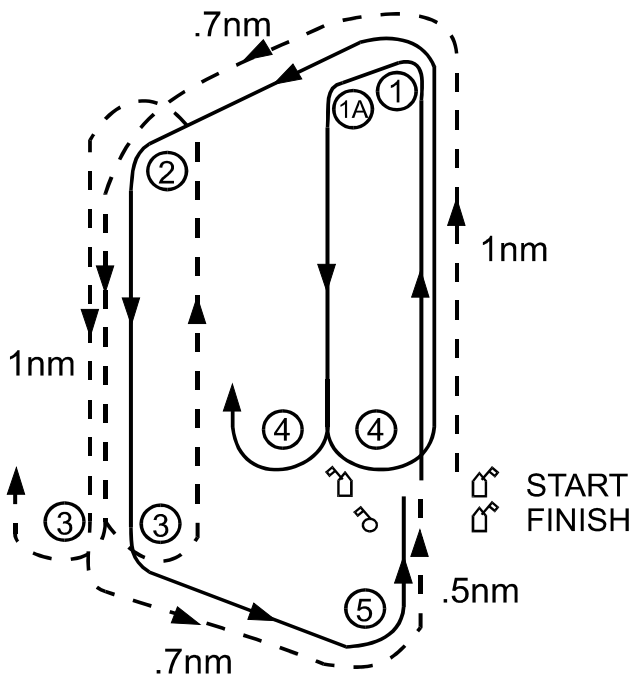
11.1. The Class Flags for the fleets will be:			
Laser Standard fleet	LASER	CLASS	FLAG
Laser Radial	LASER	RADIAL	CLASS
Laser 4.7 fleet	LASER 4.7	CLASS	FLAG

12. COURSE AREAS

The course area will be Aabenraa inlet.

13. THE COURSES AND SAILING AREA

13.1. The diagram shows the different possible courses, the order in which marks are to be passed and the side on which each mark is to be left.



Outer (1st start/3rd start, if applicable):

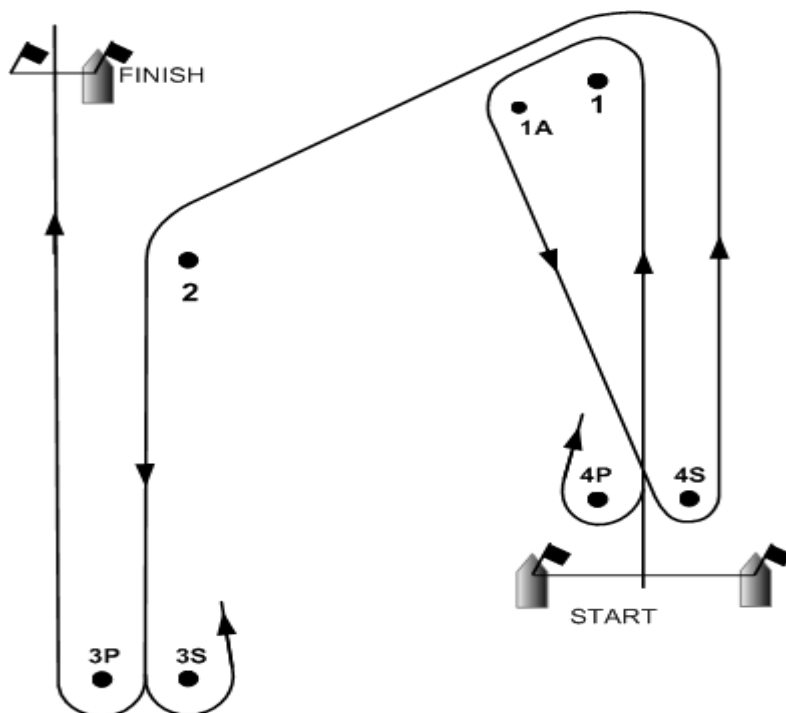
1, 2, 3, 2, 3, 5, FINISH

Inner (2nd start/4th start, if applicable):

1, 1A, 4, 1, 2, 3, 5, FINISH

Approximate distances in nautical miles

4.7 Recommended INNER LOOP (not to scale all angles are approximate)



START – 1 – 1A – 4 (P,S) – 1 – 2 – 3 (P,S) – FINISH

13.2 The gates at Marks 3 and 4 may be laid after the start.

13.3 The length of the course will be set for a target time of 60 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS rule 62.1(a).

13.4 The course may be shortened to finish at a rounding mark provided 3 or more legs (excluding 1 to 1a) will have been sailed.

13.5 The leeward marks will always be set as gates.

13.6 Before the starting signal, the racing area is the area within 100 metres of the starting line. After the starting signal, the racing area is the area within an imaginary line drawn 100 metres outside any point where a boat might sail during normal racing and includes the area bounded by marks 1, 2, 3 and 4 at all times when any boat of any fleet is still racing.

14. MARKS

14.1. Standard Marks 1, 1A, 2, 3 (gate), 4 (gate), and 5 will be orange or yellow marks. Alternate Marks (see instruction 16.1) will be orange or yellow marks.

14.2. The starting marks will be the committee signalboat at the starboard end and another race committee boat at the port end.

14.3. The finishing marks will be the committee boat at starboard end and a buoy at the port end.

14.4. A race committee boat signalling a change of course is a mark (see instruction 17.4).

15. THE START

15.1. Races will be started as follows, according to RRS rule 26.

Time before start	Signal	Sound	signal
5 minutes	Warning	1	sound
4 minutes	Preparatory	1	sound
1 minute	1 minute	1	sound
0 minutes	Start	1 sound	

15.2. Boats whose warning flag has not been displayed shall keep clear of the starting line between the warning and starting signals of the preceding fleet start.

15.3. A boat that starts more than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS Appendix A.4 and Appendix A.5

16. STARTING PENALTIES

16.1. Black Flag Rule

16.1.1. RRS rule 30.3 is supplemented as follows:
Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in instruction 12.6, before the new preparatory signal. If she fails to do so, she may be scored DNE.

16.1.2. When the race committee decides that its application of RRS rule 30.3 entitles a boat to redress under RRS rule 62.1(a), it may give her redress by not displaying her sail number and not disqualifying her (change of RRS rules 30.3, 60.2 and 63.1).

16.2. If a boat fails to start or breaks RRS rule 30.3 the race committee will display her sail number at Mark 1, if possible.

17. CHANGE OF COURSE AFTER THE START

17.1. When it is not possible to change the position of Standard Marks, the course may be reset using one or more Alternate Marks. When Alternate Marks are already in use, the course may be reset using Standard Marks.

17.2. A change of course after the start will be signalled before the leading boat has begun the leg, although the changed mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

17.3. The compass bearing of the changed leg may be displayed. "+" and "-" signals will not be displayed. This changes RRS rule 33.

17.4. When the course is changed, boats shall pass between the race committee boat signalling the change and the nearby mark, leaving the race committee boat to starboard. This instruction will not apply when a course change is signalled at a gate

18. ABANDONING A RACE

Under RRS rule 32.1, the race committee may abandon the race because of a major windshift or irregular winds or when the wind speed drops below 5 knots (2.5 m/s). Action or no action by the race committee under this instruction will not be grounds for redress; this changes RRS rule 62.1(a).

19. THE FINISH

19.1. The finishing line will be as described under 14.3

19.2. If a course is shortened, finishing will be in accordance with RRS 32.2

20. TIME LIMIT

Boats failing to finish within 20 minutes of the time the first boat sails the course will be scored DNF without a hearing. This changes RRS rule 35, Appendix A.4 and Appendix A.5.

21. PROTESTS

- 21.1. Protests shall be written on forms available at the race office and delivered there within the protest time which will be 1 hour. This changes RRS 61.3 The protest time shall be 1 hour after the finish of the last boat in each fleet.
- 21.2. Protest notices will be posted within 30 minutes of the protest time limit. Protests will be heard at the jury office.
- 21.3. Protests by the race committee or protest committee will be posted before the end of the protest time to inform boats under RRS rule 61.1(b).
- 21.4. On the last scheduled day of the series a request for redress or a request to reopen a hearing shall be delivered:
 - Within the protest time limit if a party to a protest requesting redress or a reopening was informed of the decision on the previous day or within 15 minutes after being informed of a decision of a hearing held on the last day of the series:
 - No later than 15 minutes after the decision is posted;
 - No later than 15 minutes after a signal to abandon racing is displayed ashore.This changes RRS rule 66.
- 21.5. Breaches of instructions 5.2, 26 and 27 will not be grounds for a protest by a boat. This changes RRS rule 60.1(a). For these breaches the protest committee may apply another penalty in place of disqualification.

22. ARBITRATION SYSTEM

- 22.1. Arbitration will not take place in this event.

23. WHISTLE SYSTEM

To encourage boats to take penalties afloat, protest committee members may blow a whistle when they see what they believe to be a breach of a rule.

24. SCORING

- 24.1. The regatta will be scored as provided in RRS Appendix A using the Low Point System.
- 24.2. For all fleets, a minimum of two races is required to validate an individual regatta for inclusion in the overall series ranking.
- 24.3. When 2 or 3 races have been completed, no score will be excluded. This changes appendix A2.
- 24.4. When from 4 to 7 races have been completed a boat's regatta score will be the total of her race scores excluding her worst score.
- 24.5. When 8 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her two worst scores.
- 24.6. If a points scoring penalty for a breach of RRS rule 42 or under the Arbitration System would result in a score worse than DSQ, the penalty will be that corresponding to DSQ. The scores of other boats will not be changed.
- 24.7. Overall Series

The overall series will consist of 13 events. A minimum of 3 races must be sailed by a competitor to be included in the series ranking. A competitor's best 4 results will be scored in each Overall Series. The winner shall be the boat with the lowest total score. When there is a tie on total points between two or more boats, the tie shall be broken in favour of the boat with the most first places, and when any such boats remain tied, the most second places and so on, if necessary for such races as count for total points. When the tie still remains, it shall stand as part of the final series results. This changes RRS Appendix A8.

25. PRIZES

- 25.1. Prizes will be awarded in the following categories subject to entry numbers:
 - Laser Standard Rig: Overall, Youth Under 21, Youth Under 19
 - Laser Radial Rig: Overall, Women, Youth Under 19, Youth Under 17
 - Laser 4.7 Rig: Overall, Women, Boys Under 18, Boys Under 16, Girls Under 18, Girls Under 16
- 25.2. OVERALL SERIES PRIZES see notice of race 11.2
- 25.2.1. ILCA cubes will be awarded for the first 3 places in each category noted in 24.1 subject to ILCA Honour Awards By Law.
- 25.2.2. In the Standard Rig Europa Cup the first and second placed European competitors in the series ranking will each receive a new Standard sail.
- 25.2.3. In the Laser Radial Rig Europa Cup the first placed Male and Female European competitor in the series ranking will receive a new Laser Radial sail.
- 25.2.4. In the Laser Standard Youth Grand Prix the first placed European competitor in the series ranking will receive a new Standard sail. In the event that the overall winner of the Laser Standard Youth Grand Prix series is also the winner of the Laser Standard Europa Cup series only one prize will be awarded. The first placed European competitor Under 19 in the series ranking will receive a new Standard sail and again only one prize will be given, if he is also the winner of the Laser Standard Youth Grand Prix series.

25.2.5. In the Laser Radial Youth Grand Prix the first placed European competitor will receive a new Laser Radial sail. In the event that the overall winner of the Laser Radial Europa Cup series is also the winner of the Laser Radial Youth Grand Prix only one prize will be awarded. The first placed European competitor under 17 will receive a new Laser Radial sail, and again only one prize will be given if he/she is also the winner of the Laser Radial Youth Grand Prix series.

25.2.6. In the Laser 4.7 Youth Grand Prix the first placed Male and Female European competitor will receive a new Laser 4.7 sail. The first placed European Male and Female competitor Under 16 competitors will each receive a new 4.7 Laser sail.

26. TEAM BOATS

26.1. Team and support boats shall be conspicuously identified by the country name, national letters or national flag of the team they represent.

26.2. Team and support boats shall not be in the racing area during the period between the first warning signal of a race and the finish of the last boat in that race except when a postponement is signalled, in which case they may be in the racing area until the first signal after the end of the postponement. The racing area is defined in instruction 12.6.

26.3. If a team or support boat does not comply with instruction 26.1 and/or 26.2 a penalty may be applied to some or all associated competitors.

26.4. Instruction 26.2 will not apply to rescue operations.

27. SAFETY

27.1. Competitors shall wear personal flotation devices at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes RRS 40.

27.2. Competitors who require assistance from rescue boats should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.

27.3. If considered necessary a competitor may be ordered by a race organisation boat to abandon his or her boat and board a rescue boat.

28. PHOTOGRAPHY CONSENT

28.1. By entering the Championships competitors accept that they may be photographed and/or videotaped participating in the race and/or using the Championship facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitors approval of such images or any use thereof.

29. LIABILITY

The Aabenraa Sejl Club, the Danish Sailing Federation and the International Laser Class Association, their officers, members and volunteers do not accept liability for loss of life or property, personal injury or damage caused by or arising out of the Europa Cup and Laser Radial & Laser 4.7 Youth Grand Prix Regattas and competitors take part in the Regattas at their own risk.

The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he or she is sailing.

A competitor must be of good health and a competent sailor capable of sailing a Laser in strong winds. It is the responsibility of each sailor to decide to participate in a race or to continue racing.

A competitor is wholly and exclusively responsible for third party liability insurance on the boat that he or she is sailing and for his or her personal accident and health insurance.

30. COMMITTEE BOATS

30.1. Each race committee boat may display a ASC flag.

30.2. Rescue boats may display a white flag with a red R.

30.3. Mark laying boats may display a ASC flag.

30.4. Protest committee boats may display a white flag with a red J.